20 Years of Serving American Indian Youth and Their Communities

Running Strong for American Indian Youth®
Our mission is to help American Indian people meet their immediate survival needs — food, water and shelter — while implementing and supporting programs designed to create opportunities for self-sufficiency and self-esteem.
Dear Friends of American Indian Youth,

We here at Running Strong are proud to present to you our 2010 Annual Report which reflects upon 20 plus years of service, achievement and gratitude. Through hard work, dedication, compassion, and community we have emerged as one of the most effective and respected American Indian nonprofits. It has been our honor to serve and work with our American Indian brothers and sisters for these last two decades. When we look back, it is clear how blessed we have been for the committed staff, programs, and supporters who make our work possible. It goes without saying that while celebrating these accomplishments we should also reflect upon highlights from the great works that have led us here.

Perhaps the greatest accomplishment is that through our programs we not only address the physical needs of the American Indians we serve, but we foster a sense of hope among people who just want to make a better life for their families; people that can be proud of their hard work and determination to create positive change in their communities. Since our inception, we have been committed to building the capacity of local Indian communities to respond to the challenges they face. Together, we address urgent needs of water, food, shelter, youth initiatives, cultural and language preservation.

By supporting Indian-led programs, Running Strong reminds youth that they are capable of creating their own future and to be proud of who they are. Much of the traditional way of life is tucked away in the memories of elders, while American Indian youth have carried the burden of poverty, roaming the reservations seemingly forgotten, in a state of turmoil, and lacking stable identities to which they can adhere. Within these pages you will see the many programs that you have helped support; programs that show youth that they are not forgotten.

Running Strong began with a commitment to bring clean water to Oglala Lakota families. Today hundreds of families now have clean, running water because we’ve remained firm in our mission. From there, we expanded to include Slim Buttes family gardens with drip line irrigation, the Timber Project, the Brave Heart Society, the Cheyenne River Youth Project®, the Center Pole, the Euchee Language Project and so many other worthy, grassroots programs for years and decades.

Through our efforts to ensure that heat is available, thousands of families have kept warm throughout years of sub-zero winters on the plains. Over the years, we have helped countless communities provide afterschool care, reclaim their Native language, build proper housing, and distribute essentials like food, hygiene items, new shoes and coats.

See the gratitude of a family who no longer shares a two-bedroom house with ten others, hear people speak their native Euchee language as they work tirelessly to save this knowledge, feel the relief that one experiences when they know they will have food to eat. All over Indian country, people are working hard for their communities. Every day, the support Running Strong programs receive from donors, staff and volunteers around the country, translates into tangible benefits for American Indians.

Billy Mills (Oglala Lakota), Running Strong’s national spokesperson and Olympic gold medalist, is a symbol of hope and courage. His story reaches far beyond his travels and sparks widespread inspiration in Native communities nationwide and athletic circles the world over.

Yet our inspiration here at Running Strong comes from the heartfelt support we receive from our supporters. It is our combined efforts that create lasting change in the lives of American Indian people. None of our programs would be possible without your support. We are all working together toward achieving real change and standing strong in the face of adversity. Running Strong would not be able to achieve its mission without each and every one of you. It is with immense gratitude that we thank you, our supporters, for your constant presence in this journey and for your confidence that we can show the way for our children and our children’s children who will carry on this tradition of compassion.

Thank you for Running Strong with us throughout this endeavor!
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Advisory Board

Running Strong for American Indian Youth® is privileged to have an Advisory Board of cultural and community leaders from across the United States.

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Joe American Horse (Oglala Lakota)
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glwegiizhigookway Martin (Lac Vieux Desert Chippewa)
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Olympic Champion Billy Mills (Oglala Lakota) has been a part of Running Strong from the beginning and is the foundation of our work with American Indian children.

Billy was born in 1938 on the Pine Ridge Indian Reservation in South Dakota. The reservation was then, as it is today, one of the poorest and most underdeveloped communities in the U.S. Centuries of oppression had not only stripped American Indians of their land, but had also left them an impoverished and forgotten people, struggling to survive.

Orphaned at the age of twelve, Billy left Pine Ridge to study at Haskell Indian School where he discovered his extraordinary gift for running. Billy’s record-breaking performance on the track earned him a scholarship to the University of Kansas and, eventually, a spot on the 1964 U.S. Olympic team. Billy’s father had always told him to live his life like a warrior, and in the 1964 Olympics in Tokyo, Billy did just that. In the final lap of the 10,000 meter race, Billy shocked the world when he overtook his fellow runners to win the gold medal in one of the biggest upsets in Olympic history. To date, Billy remains the only American to have ever won this event.

After serving in the U.S. Marine Corps, Billy decided to dedicate his life to giving back to American Indian Youth. Having grown up on Pine Ridge, Billy knew first-hand about the daily challenges youth must face growing up on reservations. Inspired by the movie Running Brave (a 1983 movie based on the life of Billy Mills) and the knowledge that American Indians still faced some of the toughest challenges in America, Gene Krizek, Founder and President of Christian Relief Services Charities, reached out to Billy Mills. Gene previously founded Christian Relief Services Charities in 1985 with the hope and vision that the charity could touch the lives of those less fortunate. In 1986 Billy and Gene teamed up to form Running Strong for American Indian Youth® after visiting Pine Ridge to see how, together, they could create positive change on the reservation by providing the people the tools they need to achieve self-sufficiency.

When Billy and Gene visited, they asked then Tribal President Joe American Horse what the most pressing need was for the people, and he simply replied “Water.” From that day forth, Gene and Billy made a commitment to bring water to the Oglala Lakota people, a commitment that Running Strong has been proud to honor ever since. A large part of the existence and success of Running Strong is the product of Billy’s devotion and exemplary leadership. The past 20 years have seen significant change take place on Pine Ridge as well as other reservations. Our programs have brought clean water, healthy food, constructive activities and most importantly, hope for the future to thousands of American Indian families.

“I was constantly told and challenged to live my life as a warrior. As a warrior, you assume responsibility for yourself. The warrior humbles himself. And the warrior learns the power of giving. Running Strong is my way of giving something back to American Indian people.”

♦ Billy Mills
Battling Diabetes with Organic Gardens

Prior to European contact, Native American cultures thrived and were well adapted to gathering nutritious food to feed their community. With the relocation and isolation of American Indians, many of these once flourishing communities have struggled to regain their health and adapt to their new environment. As many have experienced in today’s world, it is not easy nor economical to eat well. Eating nutritious foods like fresh fruits and vegetables are just not a possibility for most people living in poverty on the reservation. This has led to many health problems such as diabetes. The incidence of diabetes among American Indians is 230% higher than the general public! In December 1993, Running Strong helped build the Porcupine Dialysis Clinic on Pine Ridge Indian Reservation, SD. This clinic was the first American Indian owned and operated dialysis clinic in the United States. Later, Running Strong also assisted in the construction of two other dialysis clinics in Eagle Butte on the Cheyenne River Sioux Reservation (December 1994) and in Pine Ridge Village on the Pine Ridge Indian Reservation (October 2002). While the dialysis clinics are necessary for treating the current problem of diabetes, Running Strong wanted to go to the root of the problem and work towards prevention by creating healthier and more sustainable communities. Through the planting of organic gardens Running Strong is helping to provide families with fresh local produce.

April 1985 - The Slim Buttes Agricultural Development Program starts with 6 family gardens. Today, it serves an average of 250 families each year.

December 1993 - Running Strong helps build the Porcupine Dialysis Clinic on the Pine Ridge Indian Reservation. This clinic is the first American Indian owned and operated dialysis clinic in the United States.

See pages 12 & 13 for a larger view of the Running Strong timeline!
Slim Buttes Agricultural Development Program (SBAG)

The Slim Buttes Agricultural Development Program, located on the Pine Ridge Indian Reservation, South Dakota, is a community based effort to promote organic gardening among Lakota families. Under the direction of Running Strong Field Coordinator Tom Kanatakeniáte Cook (Akwesasne Mohawk), Lakota tiiospayes (or extended families) apply to host an SBAG garden. Running Strong then assists them in tilling the land, provides seeds to plant, and installs drip-line systems for irrigation. These gardens give families nutritious food they could not otherwise access as well as promote self-sufficiency. A lot of work is involved in caring for an organic garden — weeding, planting, sowing, digging, trimming, tilling, mowing. This demand for labor creates a need for assistance from all family members, and very often, other members of the community.

The program began in 1985 with just six gardens. In 1993, the program grew to plow and tend 162 gardens, and the program has grown every year since. On average, SBAG helps 250 families prepare, plant, sow and tend a garden each season. Since its commencement, SBAG has grown 5,987 gardens across Pine Ridge in its mission of helping people help themselves on their own lands. In 2010, SBAG assisted with 150 gardens across 5,000 square miles of the Pine Ridge Indian Reservation, providing participating families with crops of tomatoes, potatoes, beets, carrots, turnips, beans, squash, cantaloupe, cucumbers, watermelon, peppers, lettuce, spinach, artichokes and corn. Despite the social problems, semi-arid ground and the weather continuing to heat up, growing food locally is crucial to combat a clear and present crisis of diabetes on the reservation.

Organic Gardening Through a Young Boy’s Eyes

Jaythan is five years old. He spends his summers at his Aunt’s house in the Slim Buttes community, where he was first introduced to organic gardening. Thirteen people live in his aunt’s trailer house in Slim Buttes. With the assistance of Running Strong’s SBAG program, the family has been planting their own garden for twelve years.

The family became involved with gardening through the interest of a Slim Buttes Agricultural Development Program tractor operator Lester ‘Bo’ Davis. Garden produce is shared widely with their neighbors. The five kids in the house have a chant, inspired by radio comment by Billy Mills ‘Yay for the enzymes! Live food has to eat the dead food.’

Jaythan enjoys his summers in Slim Buttes and now complains that back home in Rapid City he doesn’t have a garden. He hopes to change that! His young and impressionable mind is learning the health benefits of growing a garden. At Jaythan’s bright and curious age, he knows from helping in the garden where nutritious food like carrots come from, their exquisite taste, and the difference between live and dead food.

“Yay for the enzymes! Live food has to eat the dead food.”

Jaythan, at age four, thins carrots mid-summer in a patch he helped sow. ©2009

Volunteers help till theSlim Buttes base farm. © 2010

Running Strong cuts the ribbon at the Cheyenne River Youth Project® new teen center, named Cokata Wiconi, on the Cheyenne River Indian Reservation, SD. Over half of the funds to build the 24,362 sq. ft. teen center were donated by Running Strong.

Peggy White Well-known Buffalo (Cow) joins the Running Strong field staff.

Running Strong provides the endowment for the Billy Mills Running Strong for American Indian Youth Scholarship at the University of Kansas for American Indian students who major in education.

Billy Mills dedicates the A.U. Milbrandt, Jr. Youth center, part of the Center for American Indian Education, at its grand opening on the Crow Reservation, MT. Running Strong provided the majority of the funds to build the 44’ x 44’ center.

Running Strong joins the grand opening of the Smithsonian National Museum of the American Indian in Washington, DC. Running Strong made a five year commitment to help build the Museum in 2003. Running Strong’s first annual marathon charity team, “Team Running Strong” raises needed funds and awareness while running at the Marine Corps Marathon™ in DC. Billy Mills is honored as the marathon’s official starter.

Running Strong joins with one of the country’s leading American Indian non-profits to form the Native Ways Federation to better serve Native communities and to ensure that nonprofit organizations working on behalf of Native communities observe the highest levels of ethical standards and fiscal responsibility.

Running Strong celebrates 30 years since incorporation and 25 years since its inception.

Running Strong opens a new 4,224 sq. ft. youth center, known as “The Main” (Billy Mills Youth Center) on the Cheyenne River Sioux Indian Reservation, SD.
Cheyenne River Youth Project®
Winyan Toka Win Garden

Started in 1999, this two acre organic garden (Winyan Toka Win, Lakota for “Leading Lady”) has been an interactive classroom for children at the Cheyenne River Youth Project to learn about the land. Community members, staff and global volunteers utilize the garden to teach local youth about the importance of a healthy diet, traditional gardening methods of “Three Sisters Planting,” and respect for the land. Cheyenne River children are involved in every aspect of the gardening — they plant the seeds, water the plants, dig out weeds, harvest the crops and of course, enjoy the fruits and vegetables they grow.

“Through gardening, the children practice our seven Lakota values — respect, honesty, fortitude, generosity, courage, responsibility and wisdom.”

♦ Julie Garreau, Cheyenne River Field Staff

Center Pole Wellknown Buffalo Garden

Traditional tools, such as a garden hoe crafted from deer antlers, are used to cultivate nutritious food in the Center Pole’s Wellknown Buffalo Garden on the Crow Reservation. The garden is a very hands-on learning environment for Crow children. They enter the garden grounds ready to work together with their peers and elders who teach them traditional gardening methods. Each year, over 65 youth learn about gardening, teamwork, and how to make healthy lifestyle choices.

“Beverly had never seen or tasted a radish before helping to plant some in our Wellknown Buffalo garden.”

♦ Peggy White Wellknown Buffalo, Crow Field Staff

HEALTH & FOOD

Cheyenne River Youth Project®

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♦ Peggy White Wellknown Buffalo, Crow Field Staff
Supplemental Food

Running Strong recognizes that while growing nutritious food is the ultimate goal, families on the reservation need supplemental food. Often times during the last week of the month food runs out and many go hungry. For the past 20 years, in partnership with Christian Relief Services, Running Strong has provided more than 21,293,361.94 pounds of food to support several food distribution centers all over the country, reaching American Indian families in need living in South Dakota, Montana, Nebraska, New Mexico, North Dakota, Oklahoma and Minnesota. In September 1997, Running Strong built and opened its first food distribution warehouse and field office in Porcupine, South Dakota on the Pine Ridge Indian Reservation.

Today, our distribution centers are run by local American Indian staff members which are located on the Crow Reservation in Montana, the Cheyenne River Sioux Reservation in South Dakota and the Pine Ridge Indian Reservation in South Dakota.

Running Strong provides “Friendship” Boxes of Food to families in need. Each box contains 25 pounds of food and can feed a family of four for a week. A sample food box contains breaded fish sticks, smoked deli turkey meat, lean ground beef, ground turkey, chicken legs, frozen carrots, frozen mixed vegetables, cheese ravioli, applesauce, pasta ditalini and a lemon meringue pie. In 2010, we distributed 489,684.02 pounds of food to families in South Dakota and Montana!

“"You are a support system. You are a lifeline to multitudes of people. You are helping our young people fulfill their dreams.”

Billy Mills
Running Strong National Spokesperson

See pages 12 & 13 for a larger view of the Running Strong timeline!
Operation Turkey Dinners

Every year, Running Strong delivers thousands of holiday meals that include a turkey, stuffing, potatoes, pumpkins, vegetables, macaroni, bread and dessert to families across the country at Thanksgiving and Christmas. Each year, we work hard to provide turkeys and all of the side dishes so that the kids can enjoy a “traditional” holiday meal. Since the start of Operation Turkey Dinners in 1988, we have distributed over 262,451 turkeys to families including 10,880 turkeys in 2010. The responses we receive from the families are always filled with gratitude.

Backpack Food Program

At the Takini School on the Cheyenne River Reservation, 100% of the students qualify for the Federal Free Lunch Program. Many children struggle on the weekends without free school meals because their families do not have enough to provide steady meals over the weekends. For the past five years, Running Strong has provided backpacks filled with food for more than 200 children to take home over the weekends. In 2010, weekends were extended when the school week was shortened to four days a week, making this program even more essential for the children. To meet the need we increased the amount of food sent home with each child to make sure they would have enough to make it through the long weekend.

Summer Youth Feeding Project

The Summer Youth Feeding Project provides free meals to children throughout the summer months at four community centers on the Cheyenne River Sioux Reservation. For 13 years, Running Strong has ensured that kids receive nutritious meals with fresh milk and fruit so they don’t go hungry without the school’s free lunch program. We served 5,629 meals throughout the summer of 2010.

“If not for this program, these kids wouldn’t have something to eat. It costs a lot of gas to get to the grocery store, and a lot of families don’t have vehicles, so they must hire someone to take them. It could cost them $45 just to get there! We don’t have that kind of money here.”

♦ Manila, Summer Youth Feeding Program Cook

See pages 12 & 13 for a larger view of the Running Strong timeline!
One Woman’s Way of Giving Back to her Community

Billie Rose (Cheyenne River Lakota) enjoys making a difference for children and families on the Cheyenne River Sioux Reservation. It makes her feel good to help her own people, especially in times of need, with such a basic necessity as food. There were times when Billie didn’t have anything and she remembers the difference it made in her own life to receive food boxes from the food pantry. Now, living just a few miles outside of Eagle Butte, Billie Rose is happy to drive over to the Eagle Butte Food Pantry each month and coordinate with a group of community volunteers to unload, sort and distribute thousands of pounds of food. “Sometimes I’m not sure who I’ll get to help me, but people always pull together around here. We’re very thankful,” she told us.

Billie Rose grew up on the Cheyenne River Sioux Reservation. She married shortly after high school and began raising a family of eight children in Thunder Butte. Billie Rose fell on really hard times after her divorce — she was a single mother left to provide for her family. “We were broke with nowhere to go and there was this really beat up old house in town. I had a little piece of land that my father left to me. So I sold the land and bought that run down house for my family and we fixed it up as best we could,” she told us.

Billie Rose started to look after other kids in the community who needed a place to go and before long she was running a daycare out of her home. It brought in very little money, but it was something. When Running Strong offered Billie Rose the chance to work with the Food Distribution program, she jumped on the opportunity. Her goal is to save up and finish school. She has some college credits towards Early Childhood Development, but would like to pursue a degree in Business Management. “I run a daycare out of my house, but my dream is to one day have a daycare center separate from my house, and hire interns to help me run it!”

We are so grateful for Billie Rose’s contributions to the Food Distribution program. We couldn’t do it without her and all of our community volunteers!

“Living here is a struggle. I understand what it’s like waiting in line for a turkey from the food pantry. I know how much it helps the families here — that food goes to good use! It really makes a huge difference.”

Billie Rose

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1988 - Operation Turkey Dinners begins.
1998 - Running Strong establishes the Summer Youth Feeding Project.
2005 - Running Strong begins the Backpack Food Program.

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2005

Running Strong dedicates the A U M I A youth center, part of the Center Pole, at its grand opening on the Crow Reservation, MT. Running Strong provided the majority of the funds to build the 44’ x 44’ center.


Running Strong’s first annual marathon charity team, “Team Running Strong” raises needed funds and awareness while running at the Marine Corps Marathon™ in DC. Billy Mills is honored as the marathon’s official starter.

Running Strong dedicates the 1,224 sq. foot Mills Youth Center on the Cheyenne River Sioux Indian Reservation, SD.

Running Strong joins with six of the country’s leading American Indian non-profits to form the Native Ways Federation to better serve Native communities and to ensure that nonprofit organizations working on behalf of Native communities observe the highest levels of ethical standards and fiscal responsibility.

Running Strong celebrates 20 years since its incorporation and 25 years since its inception.

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Left: A Thanksgiving feast. ©2004
Center: Enjoying a cold glass of milk from the Summer Youth Feeding Project. ©2010
Right: Receiving a backpack of food before heading home for the weekend. ©2008
Water Wells

In many ways, water, which is essential to life itself, gave life to Running Strong for American Indian Youth.

Pine Ridge Indian Reservation, home to approximately 40,000 Oglala Lakota (Sioux) people, stretches across 2.7 million acres of rural, arid reservation land. Water has always been a pressing need for Oglala families, many of whom still live without running water in their homes and must travel miles to get fresh water for cooking and cleaning.

The Lakota people say Mni Wiconi, which means “water is life.” Running Strong believes there is no greater gift for a family than a source of water — the gift of life. Families often linger on waiting lists for years because there are simply not enough federal and tribal resources to go around.

In 1987, Running Strong took the first step toward ensuring pure, clean water for Pine Ridge families. One of the first projects was repairing 45 existing wells — some were very old, but all were capable of being rehabilitated. In October 1987, the very first Running Strong well was drilled.

Ever since, Running Strong has joined forces with local well-drillers to dig wells for Oglala families and community centers. We have a wonderful, longstanding relationship with American Indian owned and operated Wild Goose Well Drilling. As another way to give back to the community, for every 12 Running Strong wells, Wild Goose drills one for free.

Over the past 20 years, Running Strong has drilled nearly 400 wells on Pine Ridge. In 2010, each well averaged 207 feet deep and cost approximately $8,617.96 to complete.

“There was this gal out by Porcupine. She was an elderly lady who couldn’t get around and her trailer was in such bad shape that you could see through the floor. She was so happy when we finished her well. I’ll never forget how good it felt to be able to help her.”

– Eldon Cassidy (Blackfoot), Wild Goose Well Drilling
A Family Receives Water for the First Time

Steve and Michelle are the proud parents of two beautiful girls, 11 and 13 years old. They also watch over a niece who stays with them on certain days during the week. The family has been without water for over eighteen months. In 2009, they applied to the Oglala Sioux Rural Water Supply System and the Indian Health Service, but were never assisted because their home is located too far from the main road.

To get water for their family, Steve and Michelle had to haul water from the community well using five gallon plastic containers. They made this six mile trip three to four times a week.

Michelle heard about the Running Strong water well program from a district maintenance man in her community of Butte in Porcupine, South Dakota. The family is extremely grateful for the well they received because now they can take baths, use it for cooking, cleaning, and they plan on putting in a small garden this spring. They are also extremely grateful because they can have traditional Inipi ceremonies more often now that they have water close by. This new water well has given this family life, hygiene, the opportunity to become self-sufficient by growing nutritious food, as well as spiritual healing.

“...This well means so much to our family because water is life, without water you cannot survive. It sustains our family in many ways that people take for granted. We want to take this opportunity to thank Ken, the well driller, and especially Running Strong for the gift of water we were given without all the red tape of the powers that be.

Wopila Tunka from all of us.”

Steve and Michelle, Water Well Recipients

October 1987 - Running Strong drills its first water well on the Pine Ridge Indian Reservation, South Dakota. Today, Running Strong has drilled nearly 400 wells to bring the gift of water to Oglala families.
1964
Billy Mills wins the Gold Medal in the 10K at the Tokyo Summer Olympics, an upset called the 2nd greatest moment in Olympic history by Runners’ World.

1985
The Slim Buttes Agricultural Development Program starts with 6 family gardens. Today, it serves an average of 250 families each year.

1990
Running Strong for American Indian Youth® is incorporated.

1990
Running Strong offers its first Annual Tour of the Pine Ridge Indian Reservation, an annual tour that is still held each September.

1993
Running Strong helps build the Porcupine Dialysis Clinic on the Pine Ridge Indian Reservation, SD. This clinic is the first American Indian owned and operated dialysis clinic in the United States.

1999
Running Strong opens a new 4,224 sq. foot youth center, known as “The Main” (Billy Mills Youth Center) on Cheyenne River Sioux Indian Reservation, SD.

2000
Julie Garreau (Cheyenne River Lakota) joins the Running Strong field staff.

2003

2006
Billy Mills cuts the ribbon at the Cheyenne River Youth Project® new teen center, named Čokata Wicóni, on the Cheyenne River Indian Reservation, SD. Over half of the funds to build the 24,362 sq. ft. teen center were donated by Running Strong.
Billy Mills meets Eugene Krizek and together they create Running Strong for American Indian Youth®. Billy Mills becomes Running Strong's National Spokesperson.

Running Strong drills its first water well on the Pine Ridge Indian Reservation, SD. Today, Running Strong has drilled nearly 400 wells to bring the gift of water to Oglala families.

Tom Kanatakeniate Cook (Akwesasne Mohawk) joins the Running Strong field staff.

Running Strong constructs its first of 20 log homes on the Pine Ridge Indian Reservation.

Running Strong drills its first water well on the Pine Ridge Indian Reservation, SD. Today, Running Strong has drilled nearly 400 wells to bring the gift of water to Oglala families.

Running Strong constructs its first of 20 log homes on the Pine Ridge Indian Reservation.

Running Strong starts its Annual Emergency Heat Matching Program which provides heating assistance for propane, electricity or firewood to families on the Pine Ridge Indian Reservation.

Running Strong opens a warehouse and field office in Porcupine, SD on the Pine Ridge Indian Reservation.

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Billy Mills dedicates the A Li Mi A youth center, part of the Center Pole, at its grand opening on the Crow Reservation, MT. Running Strong provided the majority of the funds to build the 44’ x 44’ center.

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Homes for Heroes

Over the years, Running Strong has supported a variety of local housing initiatives in reservation communities in South Dakota where the housing situation is characterized by overcrowding and dilapidation. In October 1989, Running Strong constructed its first of 20 log homes on Pine Ridge Indian Reservation, South Dakota to help alleviate the housing crisis. The home design, location and recipients for this program were selected by the Oglala Lakota elders of the Foster Grandparent Program on the Reservation.

Most Americans would not believe the condition of the buildings, vehicles and trailers that the people of Pine Ridge still live in today. It is not unusual for two and three generations, totaling 10, 12, or more people to live in an old two-bedroom shelter.

Since the construction of the first home in 1989, Running Strong’s housing program has undergone several transformations and in 2008, the Homes for Heroes program began. This program improves the living conditions of Pine Ridge tribal members who have dedicated their lives to helping improve the quality of life for all people of Pine Ridge, especially the children. In our thanks, we give them the gift of comfort and safety in a new home.

The program partners with local vocational schools and carpenters to build the homes, providing crucial training and employment in a poverty-stricken area. In 2010, Running Strong completed our second Homes for Heroes prototype house for Mr. Joe American Horse.

Through our housing programs, Running Strong is furthering its mission to foster self-sufficiency, a sense of pride, and suitable housing for American Indian children and their families.

Home Repairs

On the Pine Ridge and Cheyenne River Sioux Reservation, a large percentage of families currently live below the poverty line and an even greater percentage of homes are in need of serious repairs. Running Strong is proud to support those living on Pine Ridge and Cheyenne River by helping to fund home repairs.

Since 1990, Running Strong has assisted in providing home improvements affecting residents such as:

- repairing burst pipes so the family isn’t forced to haul water in the snow,
- replacing a leaking water heater which was causing the floor to collapse,
- installing a new front door and windows to keep snow and ice from seeping in,
- replacing a furnace that had become a dangerous fire-hazard.

These repairs are all the more critical as winters in the plains are notoriously harsh, and having a reliable furnace, or well sealed doors and windows can make a huge difference in the life of a family living on the reservation.
A Home for Joe

One cannot help but reflect on Running Strong’s beginnings when thinking about Joe American Horse. It was he who first told us about the tribe’s pressing needs for water and he who invited us to Pine Ridge in 1986 to begin our first program – water wells.

A quiet, humble man, Joe is one of the tribe’s most respected elders. He is one of seven grandsons of Chief American Horse, a military and diplomatic leader of the Oglala and an 1868 Fort Laramie treaty signer. American Horse was chosen as one of four honored “Shirt Wearers,” entrusted to take care of the Oglala people along with Young Man Afraid of His Horses, Sword and Crazy Horse. Joe has followed his grandfather’s sense of duty to take care of the people and has served as the Oglala Sioux Tribe’s President and Vice President along with serving as a tribal judge and prosecutor. He is a traditional man, knows the Lakota ways and language and is always ready to share what he knows with the children.

Joe was living in a humble trailer house with paper thin walls and without any basic amenities. He has given so much to the people of Pine Ridge and Running Strong is proud to give back to Joe the gift of a respectable home.

“I am so thankful for what you have given me. I can’t wait to hang my new curtains!”

✦ Joe American Horse

See pages 12 & 13 for a larger view of the Running Strong time line!
**Annual Reservations Tour**

In September 1990, Running Strong offered the First Annual Tour of its programs on the Pine Ridge Indian Reservation. Starting with only 20 participants, Gene Krizek and his wife drove the group around in an old yellow school bus and visited some of the first wells and homes that had been constructed.

“The first tour was very inspirational for me. The people that came on the tour viewed it as an eye-opener and wanted to know how to continue supporting what we were doing,” says Gene. The Annual Tour has grown to include visits to our programs on the Cheyenne River Sioux Reservation and continues to be an inspiring and eye-opening experience for many participants who are offered a rare opportunity to see the devastating conditions as well as the progress Running Strong has made over the past 20 years. The Tour has been held each September since 1990 and interest and participation has only grown since then. The 2010 Tour sold out three months early with a record number of participants.

“We saw for ourselves the fruits of our giving and the fruits of the labor of all those involved with Running Strong.”

♦ Mary, Indiana, 2009 Tour Participant

September 1990 - Running Strong offers its first Annual Tour of the Pine Ridge Indian Reservation, an annual tour that is still held each September.
Running Strong Through Judy’s Eyes

Eighteen years ago in 1992, Judy took her first Running Strong Tour of Pine Ridge Indian Reservation. At that time, the tour group met in Denver, Colorado and journeyed by bus to the Black Hills of South Dakota, which Judy says, “made for a much longer road trip, but it was always enjoyable!” That was Judy’s first time to Pine Ridge where she was immediately struck by the isolation of the people. This is her story.

“There have been so many changes! We visited a completed water well. I remember how far it was from anything else, even the road. We went to the first food bank, which was in a very small and old building in dire need of repairs. We saw the dialysis clinic that Ken Lone Elk built and I remember thinking how gorgeous and precise and well-made the structure was. We went to the Slim Buttes Base Farm — the only thing that was there was the garden and the sweat lodge! There was not yet a timber frame house or greenhouse for Tom Cook to operate out of. We simply drove by where the Crazy Horse Memorial was going to be — there was nothing there to see aside from a mountain!

I came back five years later in 1999 and saw the new food bank and the Slim Buttes base farm house. I was amazed to see Crazy Horse’s face emerging from the mountain! That year, we also travelled to the Cheyenne River Sioux Reservation. We visited the new Billy Mills youth center that Running Strong built for the Cheyenne River Youth Project®. I remember thinking maybe someday they’ll get the teen center built. It was always the hope that it would come to fruition, and finally it did!”

“I’ve been on the Running Strong tour three times more, most recently in 2009. Everything has grown, and we seem to have more and more interaction with the reservation groups we visit. There’s been so many things that we’ve gotten to see more of over the years and learn more about. Running Strong is doing more gardens all over, which is so vital. It’s nice to see the water wells continue. The teen center is really a wonderful community center for everyone. I’ve noticed more Indian businesses spring up on the reservations. It’s interesting to see the same places grow over a period of time.

Going on the tours and meeting the people, knowing what they stand for and what they are doing for their communities, learning about their culture, seeing the progress — you come away with so much more than you give. Plus each tour is full of interesting people from all over with their own stories of how they got involved with Running Strong. I’d recommend it to anyone!”

“…What impresses me most is the program maintenance. Keeping up with the core programs all these years and expanding to reach more people is really good.”

→ Judy

Judy helping with a food distribution on Cheyenne River. ©2009
All over the United States, Indian nations are struggling to preserve their traditional language and culture. Through our support of schools, cultural societies, traditional youth camps, language projects, and museums, Running Strong is working to save and share American Indian culture for future generations.

The Brave Heart Society

In 1994, the Brave Heart Society was formed on the Yankton Reservation with the mission of bringing back traditional knowledge and with the purpose of “calling home the spirit of the culture.”

One of the Brave Heart Society’s greatest accomplishments has been the rehabilitation of the once forbidden and nearly lost Isnati Awica Dowanpi, or Coming of Age Ceremony for girls. As one of the seven sacred ceremonies of life, Isnati is a rite of passage for young women. In the ceremony, girls learn to respect themselves, their roles and their bodies as developing women through the instruction of elder women, while in a remote outdoor camp setting. Over 85 young women have completed this ceremony since it was revived 13 years ago.

Brave Heart Society’s other programs include the annual Nagi Kicopi (Calling Back the Spirit) Retreat held each fall to treat the traumas the Dakota women and girls face, the Annual Waterlily Storytelling Institute where native storytellers gather to share new and old stories with audiences of all ages, the Nagi Ksapa (Spirit Smart) Work Groups are weekly meetings that teach beading and traditional crafts to Dakota girls ages nine and up, and weekly “language nest” classes to teach the youth Dakota language. The Brave Heart Society also maintains the Good Heart Garden, a 3-acre community garden, which gives the Yankton Reservation community a place to learn practical gardening skills, team work and responsibility.

Euchee Language Project

The Euchee (also known as Yuchi) are a small band of people originally from the southeast who were forcibly removed to Sapulpa, Oklahoma and placed under the Muskogee Creek Nation. In 1995, 10 local Euchee tribal members formed the Euchees United Cultural, Historical and Educational Effort in an attempt to save their beautiful language. Today, there are only five first-language speakers of Yuchi, all of whom are over age 80.

The Euchee Language Project works to revitalize the Yuchi Language by creating new fluent speakers. Language immersion classes for children of all ages are held by fluent elders on a daily basis. The language project has also made many cd-rom recordings of elders speaking the language and created teaching materials with the written Euchee language. Running Strong has supported Euchees vital efforts to preserve cultural knowledge from a disappearing generation of elders and teach it to the next generation since 2000.

“Our cultural ways are the only thing that can help our children cope with internalized oppression.”

♦ Faith Spotted Eagle
Co-Founder, Brave Heart Society

♦ Richard Grounds, Euchee Language Coordinator

Euchee Language class in action ©2010
First Environment Collaborative (FEC)

The First Environment Collaborative (FEC) was founded by Running Strong Board Member, Katsi Cook (Akwesasne Mohawk), a practicing midwife for 25 years. FEC works to strengthen future generations of Indian people by preserving traditional childbearing practices and empowering Native women and girls to protect their reproductive rights. In 2010, FEC became a grant-making partner at Catalyst Fund. Its goal is to raise the visibility of reproductive justice issues and promote women’s leadership in reservation communities.

Among FEC’s many successes is Centering Pregnancy, a local initiative supported by FEC in partnership with the Centering Healthcare Institute. The mother-focused empowerment model was successfully implemented as the new method of prenatal care at St. Regis Mohawk Health Services. Another success this year was a three-day symposium held at Akwesasne Mohawk territory where Katsi and several prominent women presented on topics such as birth and Creation; sexual and domestic violence response; media issues; tribal, state and federal law; and the United Nations Declaration on the Rights of Indigenous Peoples.

FEC was instrumental in the formation of the Konon:kwe (“all feminine beings”) Initiative, a Native women-led effort that bases its work within an indigenous ideology of Kahnistenserah, the binding strength of “Mother Law.” Konon:kwe advocates on behalf of Six Nations women and girls through community education and organizing, leadership development, and culture based healing services.

At year’s end, Katsi represented FEC at a meeting of the White House Council on Women and Girls. She joined other prominent Native women leaders to address the dire need for additional resources and support from the U.S. government.

“Sharing resources to do what works best for our communities is the hallmark of First Environment Collaborative.”

△ Katsi Cook

See pages 12 & 13 for a larger view of the Running Strong time line!
The Center Pole

The Center Pole, located on the Crow Indian Reservation in southeastern Montana, is a comprehensive youth program that empowers Crow children to reach beyond the poverty around them and follow their dreams. Founded in 1999, the Center Pole gives Crow children a safe haven where they can develop emotionally and academically according to Crow tradition. The Center Pole teaches Crow children, within a cultural context, to have greater vision for themselves and their community. Children work together to learn traditions, teamwork, and how to make healthy lifestyle choices.

At the Center Pole, Crow culture and tradition are taught through creative hands-on activities and resources including:

- Three Sisters gardening
- Traditional cooking
- Children’s library
- Crow arts and crafts
- Song Keepers, Song Catchers
- Storytelling

A key to self-sufficiency in Indian reservation communities is self-employment. At the Center Pole, youth learn the basics of entrepreneurship, long-term goals and money management. Elders, artisans, local entrepreneurs and cultural experts join youth in workshops to help them learn the principles of entrepreneurship and turn their ideas into products based on Crow tradition and story.

2006 - Peggy White Wellknown Buffalo (Crow), Executive Director of the Center Pole joins the Running Strong field staff.
A Son of Tradition

Todd has been involved with the Center Pole since its beginnings in 1999. He was 20 years old at the time. His mother Peggy founded the Center Pole on her family’s land to provide a positive environment for Crow children to grow and learn. In 1999, Peggy’s land was vacant until the original straw bale house was built by volunteers from the University of Washington. Todd came home from college for the summer as the primary youth volunteer and worked alongside the other volunteers. He grew up as the Center Pole was developing and has helped with everything from unloading trucks by hand, to feeding animals, providing support for cultural activities, delivering food, organizing events, hosting volunteers, driving the forklift to unload and store supplies, and much more.

Todd had a variety of life experiences, both on and off the reservation, so he is skilled at relating to all kinds of people, especially youth. After graduating with a Bachelors Degree in Exercise and Sports Studies from Guilford College, he created, developed and directed the Diabetes Program for the Crow Tribe as one of the youngest Tribal Directors. For this work he received an award from the Native American Physicians Association/Diabetes Prevention Program. He is well respected across the country for his workshops on cardiology health taught to inter-tribal groups. He created a Walk for Diabetes, called “The Heart of Crow Country,” which is held every year to raise community awareness about diabetes. In the past, Todd volunteered to build homes with Oprah and Maxwell House Coffee in North Carolina and worked to create a museum of pharmacy in Indianapolis, IN (The Hooks Museum). He also worked at the Department of Transportation in Washington, DC as a summer intern and as a Residential Advisor (RA) for the AISES (American Indian Science and Engineering Society) Program in Pembroke North Carolina at the University of North Carolina-Pembroke.

Todd also plays an important role in the development of the Center Pole’s “Academy of Excellence” summer and after-school program for Crow children. He is the perfect role model and motivator for today’s youth as he himself made the leap from the reservation to a successful college graduate and professional. His experience will help the Center Pole move forward in providing more opportunities and support for the children on the Crow Reservation. Todd was officially hired by the Center Pole in late 2010 and is looking forward to the upcoming activities in the spring and summer where he can incorporate his cultural knowledge into mentorship activities for the children. He also loves being part of the Center Pole’s community-wide distributions addressing urgent needs. “The turkey and food box give-aways and jackets for the schools are always an adventure. It’s great to see the smile on the kids faces when they receive their gifts,” says Todd.

Todd is proud to carry on Peggy’s tradition of empowering Crow children with educational opportunities and cultural knowledge.

“Todd is one of our most successful students we have sponsored to attend college, prepare for the rigors of college life, succeed and return home as agents of change.”

◦ Susan Kelly, Crow Field Coordinator

See pages 12 & 13 for a larger view of the Running Strong time line!
American Indian youth face difficult challenges every day. Through a variety of cultural, educational, and recreational opportunities, Running Strong is working to create a new generation of American Indian leaders who demonstrate healthy lifestyles and pride in their heritage.

**The Cheyenne River Youth Project®**

The Cheyenne River Youth Project® began in 1988 in Eagle Butte, South Dakota. Local residents and the Cheyenne River Sioux Tribe came together to turn one of Eagle Butte’s most notorious bars into a safe, alcohol and drug free, community center for the Reservation’s children.

The Cheyenne River Youth Project® youth center became known as “The Main” and thrived. Our staff member, Julie Garreau, has been the Executive Director since the beginning in 1988. She volunteered in the position for 12 years and along with other volunteers, the center stayed open seven days a week, offering kids, ages 5-13, a safe and positive place to go. Running Strong began supporting the Cheyenne River Youth Project® in 1995. Our partnership with the project grew when we worked together to build a new 4,224 sq. foot youth center to replace the rundown bar in 1999. Following the youth center’s construction, the Cheyenne River Youth Project® programs continued to grow and their children blossomed. Yet once the children who frequented the Main grew up, there was nowhere for them as Cheyenne River teenagers to go. We had to do something! In 2004, Running Strong and the Cheyenne River Youth Project® joined together to build the Ėokata Wiċoni Teen Center for youth ages 13-18. Ėokata Wiċoni is a tremendous achievement at over 25,000 sq ft and with many new and exciting opportunities for community teens! Ever since, the Cheyenne River Youth Project® has been proudly providing safe spaces for youth ages 5-18 to learn and grow.

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1999 - Running Strong opens a new 4,224 sq. foot youth center, known as “The Main” (Billy Mills Youth Center) on Cheyenne River Sioux Indian Reservation.

2006 - The new Cheyenne River Youth Project® teen center, named Ėokata Wiċoni (Center of Life), opens on the Cheyenne River Indian Reservation.
**From the Main to the Teen Center**

Meta has always had something to look forward to after school and during the summer. Ever since she was five years old, she’s been going to the Main youth center. For Meta and so many kids on Cheyenne River, the Main is a place of positive influence full of caring staff and volunteers who make time to let kids just be kids, making them feel special in the process. With arts and crafts activities, a children’s library, a playground, a garden, snacks and hot meals for the kids, it’s easy to understand the Main’s popularity.

“I remember when the Main was still located on Main Street in the old bar. My favorite thing about the Main was being able to meet all the new volunteers, participating in all the fun activities, being able to spend time with my friends and the staff members at the Main,” says Meta.

Meta is 16 years old now and a sophomore in high school. Her transition to the Teen Center was a seamless one as she jumped right in to the various teen programs like midnight basketball, movie nights, creative arts, the internet café and more! She’s so involved with the youth project that she became a junior volunteer to help out at both the Main and the Teen Center.

“The Teen Center gives us a positive place to come and hang out, play games, meet new friends and get on the computers. The food is good too!”

Meta

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**The Billy Mills – Running Strong for American Indian Youth® Scholarship**

The Billy Mills — Running Strong for American Indian Youth® Scholarship at the University of Kansas (Billy’s alma mater) began in 2003 in an effort to support American Indian students who want to become teachers. Billy and Running Strong are proud to be able to give back to the University of Kansas to help the next generation of educators achieve their dreams. Running Strong hopes that the recipients of this scholarship will give back to their communities as teachers.

Billy with the 2010 scholarship recipient. ©2010

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**See pages 12 & 13 for a larger view of the Running Strong time line!**
Indian Youth of America (IYA)

Since 1976, Indian Youth of America’s (IYA) summer camps have made a profound difference in the lives of thousands of Indian children ages 10-14 from 190 tribes and over 31 states. Running Strong has been supporting IYA since 2001 to provide Indian children from urban and reservation communities with cultural, educational, recreational and artistic activities and experiences as well as the opportunity to receive positive guidance and mentoring from Indian staff. IYA’s camps give Indian children the opportunity to share tribal traditions and enrich their lives through inter-tribal friendships with young Indian people from across the country.

Kah-Bay-Kah-Nong

Located in Warroad, MN, the Kah-Bay-Kah-Nong was founded in 1995 by Olympic Silver Medalist Henry Boucha (Ojibwe). Kah-Bay-Kah-Nong is the Ojibway word for War-Road, literally meaning a place and war trail where the Ojibway and the Sioux used to travel east and west from the Lake of the Woods area to the Dakota’s. Mr. Boucha established Kah-Bay-Kah-Nong in the summer of 1995. His primary goal was to integrate traditional and cultural events with education for American Indian youth. “We have a great start keeping kids in school with our programs; many of our students go on to get their college degree. We need to push harder for education without losing our cultural identity,” says Henry Boucha.

Kah-Bay-Kah-Nong is also instrumental in helping needy families obtain transportation, prescription medicines, legal assistance, employment training, and human rights and advocacy support. The program provides many services to the community, including:

- an Ojibwa Crisis Center that encourages families and individuals to engage in traditional talking circles, values, and wellness activities
- a food bank that provides meals and herbal medicines to community members
- advocacy and mentor programs so children and their families are prepared to face challenges of unemployment, housing, and poverty
- a pow wow to teach the Warroad community at large about Native culture

Since 2002, Running Strong has provided critical support for Kah-Bay-Kah-Nong’s programs.

“It has always been in my heart and soul to do this, maybe that is why I am here. The idea came from Billy as he told me about the Running Strong program. I thought, I could do that, just on a smaller scale. Since then Billy Mills and Running Strong have always been there for us.”

- Henry Boucha
Team Running Strong

In 2004, the Marine Corps Marathon™ honored Billy by asking him to serve as the official starter for the race. Team Running Strong, our charity marathon team, was born the same year and has been running strong ever since. The team is made up of novice and experienced runners and walkers throughout the country who unite to ‘run strong’ for American Indian children.

Beau Runs Strong and Continues a Legacy

I ran the 35th Annual Marine Corps Marathon on October 31, 2010 as part of Team Running Strong. I ran for a number of reasons. First and foremost, I love Native American youth and want to do everything I can to help them be successful, and Team Running Strong let me do that. I raised funds for Running Strong as I trained my body for the marathon.

My mother, while she was alive, was a Running Strong supporter for over ten years. It was through her compassion and support that I found Running Strong; it’s part of her legacy and a family tradition that I supported the organization through Team Running Strong. My uncle Robert is buried in Arlington Cemetery; he served in World War II. And my uncle Bud also served in the Second World War as a US Marine. The Marine Corps Marathon™ was a natural choice.

Finally, I admire and deeply respect Billy Mills. I was a tenth grader in high school when Billy won the Olympic gold for America. He inspired young men like me to do our best in both school and athletics, so it was my privilege and honor to be a part of his marathon team.

“Not only did I have a great experience on Team Running Strong, but I made a lifelong friend.”

Beau

2004 - Running Strong’s first annual marathon charity team, “Team Running Strong” raises needed funds and awareness while running at the Marine Corps Marathon™ in DC. Billy Mills was honored as the marathon’s official starter.
Get Involved

Team Running Strong
Run for the future of Indian country. When you join our team and run or walk in the Marine Corp Marathon™ on October 30, 2011 in Washington, D.C., you support Running Strong by promoting our cause and fundraising. Registration for Team Running Strong begins in April. You can also run any race in the country as part of Team Running Strong USA.

22nd Annual Reservations Tour
See our programs at work with your own eyes. Every year, Running Strong invites you to join our organization on an Annual Reservations Tour of the Pine Ridge and Cheyenne River Sioux Indian Reservations in South Dakota. Our 22nd Tour will be held from September 11-17, 2011.

Running Strong’s E-store
You can purchase our wall calendar, Running Brave on DVD or VHS, hand-made exclusive Running Strong jewelry, Running Strong shirts and water bottles, and more. Running Strong is proud to support American Indian artists and 100% of all proceeds go towards our important programs. Find our e-store at www.indianyouth.org and shop for our cause.

Join our Online Community
Become a fan of Running Strong on Facebook or follow us on Twitter. Receive emails with the latest updates on the Running Strong programs you support. Join our online community at http://indianyouth.org/stay-connected.html.

Our Promise

We are proud to serve as a bridge that connects your generosity with Indian nations in need.
As a supporter, you can expect from us:

Excellence
We will use your gift responsibly. Running Strong meets the Better Business Bureau’s standards of charitable accountability. In 2010, we spent over 95% of our budget on programs and services, and less than 5% went towards management, fundraising, and administration.

Security
The information about your donation will be handled confidentially, and we do not sell information or mailing lists.

Gratitude
Upon receipt of your donation, we will send you a letter or email expressing our appreciation of your gift. We will respect donors who wish to remain anonymous.

Tax-deductible
Running Strong for American Indian Youth® is a 501(c)(3) non-profit organization, so your gift is tax-deductible to the full extent of the law. Web donors receive an online acknowledgment only.

Transparency
Running Strong for American Indian Youth® produces regular publications which are available to all our donors. We will keep our supporters abreast of all developments concerning our programs and the American Indian youth they support.

Tradition
Running Strong has been working in American Indian communities for over 25 years, changing lives one child at a time.
Thank You

We Couldn’t Do It Without You

Much gratitude and appreciation goes out to the following individuals and organizations who provided generous support in 2010:

Frederick T. (Bucky) Adams
Rio Alden
Silvio Alfeo
Anonymous
Chris Bakker
Danny Barney
Tsiorasa Barreiro
Brad Beaverton
Evan C. Bentley
Todd Bittner
Donna Blackstone
Lena Bonalumi
Sandra Brown
Carolyn Brown
Joy Brown-Newsome
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Donald & Cynthia Carter
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Jone Lawver
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Olivier Marie
Mark McBride
Jim McCray
D & R McNeil
Molly McUsic
Pam Michell
Barbara Miller
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Vanyo K. & Ann M. Moody
Diane Morrow
Elaine C. Murphy
The Mystery School
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Vincent Noga
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Archie D. Wilson
Elizabeth Witter
Mariann G. Wizard
Ann Wolverton
Chryl Woolley
Susan Woolridge
Jean Worland
Mary Zamarripa
Elisabeth Zinck
Jessie Zuberek

A special thanks to Federal employees and military personnel who donated through the Combined Federal Campaign and participants in state and corporate campaigns across the country for your generous support!
The following people have had donations made in their memory. Memorial donations are a valuable and positive way to celebrate the life of a loved one, while helping Running Strong make a difference in the lives of American Indian youth. Running Strong also acknowledges the generous bequests made by supporters to ensure their legacy and the support of their favorite programs.

Barbara Stephen
William E. Bickford
May Bowitz Harton
David G. Burgoon
Elsie Busch
Frances Campbell
Wayne Clover, Jr.
Catherine Cooper
Alice Craig
Kevin Cueto
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Flora Ditton
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Lucille Simons
Jay Slater
Joseph & Louise Smith
Ruggles Stahn
Jake Swamp
Salvatore Traina
Jack Tuttle
Joseph Werlinger
Clarke Wierhake
Duane Woltzen
Helen Wood

Every Donation Makes A Big Difference

- **Donate Online** – visit www.indianyouth.org to donate through our secure server. Online giving is the least expensive and most effective means of getting your gift to the Indian communities that need it.
- **Donate By Mail** – send a check or money order to:
  Running Strong for American Indian Youth®
  2550 Huntington Avenue, Suite 200
  Alexandria, VA 22303

- **Donate Stock** – We are equipped to take donations of stock or securities. Please call us at 1-888-491-9859 for details.
- **Leave a Legacy** – Call us at 1-888-491-9859 to find out how you can remember Running Strong in your estate planning.
- **Combined Federal Campaign (CFC) and Workplace Giving Campaigns** – Running Strong’s permanent number in the Combined Federal Campaign (CFC) is #11876! This number is for the CFC only; in other state and employer workplace campaigns, look for us under “A” for American Indian Youth Running Strong®!

American Indian Youth Running Strong® also participates in these state workplace giving campaigns: Arizona - #ST860; California - #2815; Michigan - #UD22-6793; Montana; New Jersey - #4412; New York - #999-00039; Pennsylvania; Virginia - #6857; Washington - #0524368; and Wisconsin.

- **Native Ways Federation™** – Running Strong is a founding member of the Native Ways Federation™, dedicated to uniting Native organizations to meet the highest standards of responsibility (www.nativewaysfederation.org)
# 2010 Financial Summary

## Statement of Activities

For the Year Ended June 30, 2010 (with summarized financial information for the year ended June 30, 2009)

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<td>Workplace campaign contributions</td>
<td></td>
<td>181,646</td>
<td>181,646</td>
<td>186,972</td>
</tr>
<tr>
<td>Wills and bequests</td>
<td>118,802</td>
<td></td>
<td>118,802</td>
<td>211,566</td>
</tr>
<tr>
<td>Investment income (loss)</td>
<td>23,505</td>
<td></td>
<td>23,505</td>
<td>(16,310)</td>
</tr>
<tr>
<td>Special events</td>
<td>12,448</td>
<td></td>
<td>12,448</td>
<td>16,455</td>
</tr>
<tr>
<td>Other income</td>
<td>3,394</td>
<td></td>
<td>3,394</td>
<td>3,002</td>
</tr>
<tr>
<td><strong>Total Support and Revenue</strong></td>
<td>2,325,992</td>
<td>25,590</td>
<td>2,351,582</td>
<td>5,067,953</td>
</tr>
</tbody>
</table>

## Expenses

### Program Services:
- American Indian Programs: $2,149,699
- Total Program Services: $2,149,699

### Supporting Services:
- Management and general: $82,634
- Development and fundraising: $8,466
- Total Supporting Services: $91,100

**Total Expenses**: $2,240,799

## Change in Net Assets

- 2010: $85,193
- 2009: $193,721

## Net Assets

- **Beginning of Year**: $550,698
- **End of Year**: $635,891
- **Current**: $230,773
- **Temporarily Restricted**: $866,664
- **Total**: $755,881